

# Notice: To All Employees/Contractors

Company Update - COVID-19 Pandemic  
July 12, 2021

Based on progressive vaccination strategies and improvements of public health indicators, such a declining case counts and hospitalizations, provinces are gradually reopening and lifting public health orders at different stages. The Company will follow the re-opening directives of the local and provincial Public Health Authorities and will continue to safely adjust to recommendations and restrictions.

## Masking

As masking becomes no longer required under provincial public health orders the Company recommends that masks should be worn if not fully vaccinated (14 days after second dose). Anyone is welcome to wear a mask if they choose to do so. It is important for everyone to reassess their own health and personal situation and make their own decision. Everyone must respect the comfort levels of others.

## Physical Distancing

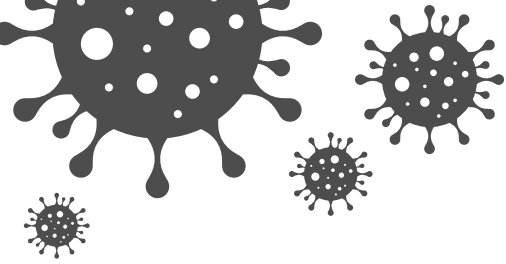
As physical distancing becomes no longer required under public health orders, spacing should still be considered and the personal space of others must be respected.

## Guidelines of Other Businesses

While conducting company business, guidelines of our customers and other business must be adhered to. In some work places and settings restrictions may vary.

**The Company strongly recommends we all do our part and get fully vaccinated. Reduce the risk for yourself and those around you.**





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## Basics of Prevention

As Public Health Canada has cautioned that it is unlikely that COVID-19 will completely go away the basics of prevention remains the best line of defense against the spread of communicable diseases:

- Wash your hands often with soap and water for at least 20 seconds;
- Avoid touching your eyes, nose or mouth, especially with unwashed hands;
- Cough and sneeze into your sleeve and not your hands;
- Maintaining a distance from others;
- Wave in place of a handshake;
- Keep common surfaces sanitized;
- Check the Government of Canada's Website regarding travel regulations prior to any trips and before returning;
- Avoid close contact with people who are sick;
- Stay home if you are sick to avoid spreading illness to others;
- Do not share office supplies (i.e. sharing a pen with a colleague); and,
- Get fully vaccinated.

Ensure that you are following preventative measures to keep both yourself and those around you safe.

## What does being fully vaccinated mean?

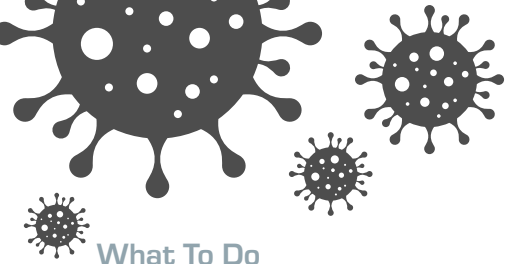
Being fully vaccinated means that you have received your second dose of a two dose vaccine series or one dose of an approved one dose vaccine. Your immune system response after your first dose will be boosted by your second dose. You will not get maximum protection right away, but by two weeks after your second dose you will likely be protected and:

- Your risk of serious illness will be much lower.
- The risk of other people catching the virus from you is likely very low.
- It is likely you will have very good protection against infection, including against most current variants of concern, however, there is a chance you still may not be completely protected.

If you are fully vaccinated and do not have symptoms of COVID-19, you can now do more things safely within the context of the current public health restrictions in your region.



**The Company strongly recommends we all do our part and get fully vaccinated. Reduce the risk for yourself and those around you.**



## What To Do

If you start having symptoms:

1. Isolate yourself from others as quickly as possible and get tested.
2. Call a health care professional or public health authority in the province you are located for directions.
3. Call your Manager/Supervisor and notify them.
4. Depending on the circumstances, your Manager/Supervisor may authorize arrangements to work from home.
5. Apply for the financial supports through either Canada Life Group Insurance coverage or one of the Government of Canada Recovery Benefits listed below.
6. If you have been identified as a close contact, are receiving testing or have a confirmed diagnosis of COVID-19, you must inform your Manager/Supervisor and they will take measures to protect others.

Public Health Authorities - Canada ( canada.ca )	
British Columbia	811
Alberta	811
Saskatchewan	811
Manitoba	1-866-626-4862
Ontario	1-866-797-0000
Quebec	1-877-644-4545
New Brunswick	811
Nova Scotia	811
Prince Edward Island	811
Newfoundland and Labrador	811 or 1-888-709-2929
Nunavut	1-888-975-8601
Northwest Territories	811
Yukon Territory	811
Call Your Doctor - U.S.	

## Financial Support

Apply for Insurance Benefits or apply to one of the Government of Canada Recovery Benefits. The following financial support benefits have been made available until September 25, 2021.

- Expansion of EI Benefits
- Canada Recovery Benefit (CRB)
- Canada Recovery Sickness Benefit (CRSB)
- Canada Recovery Caregiving Benefit (CRCB)

Please visit [Government of Canada](https://www.canada.ca) website for details under each benefit.

## Stay Informed

COVID-19 remains a fluid situation and all the information around the virus changes frequently. Be prepared to follow public health advice and legislation from the Public Health Authority and local city/provincial guidelines. We will continue to monitor the COVID-19 situation and provide updates accordingly. Should you have any questions, please contact your Manager/Supervisor.

## for more information about the virus

### CANADA

Public Health Agency of Canada  
 1-833-784-4397  
 canada.ca/coronavirus  
 phac.info.aspc@canada.ca

### US

Centre for Disease and Prevention  
 1-800-232-4636  
 cdc.gov/COVID19

### CANADA & US

World Health Organization  
 who.int

### COMPANY - INTERNAL QUESTIONS

questions-covid19@siemenstransport.com